

# 1<sup>st</sup> International Virtual Meeting



HELLENIC SOCIETY  
FOR RECONSTRUCTIVE  
MICROSURGERY



HELLENIC SOCIETY FOR  
SURGERY OF THE HAND  
& UPPER EXTREMITY

4 & 5 December 2020

<http://www.microhand.gr/>



Scientific Program

# 1<sup>st</sup> International Virtual Meeting



HELLENIC SOCIETY  
FOR RECONSTRUCTIVE  
MICROSURGERY



HELLENIC SOCIETY FOR  
SURGERY OF THE HAND  
& UPPER EXTREMITY



## WELCOME MESSAGE

Dear colleagues,

“On behalf of the Hellenic Society for Reconstructive Microsurgery and the Hellenic Society for Surgery of the Hand and Upper Extremity, we are pleased to announce the **1<sup>st</sup> International Virtual Meeting**, scheduled for the 4<sup>th</sup> and 5<sup>th</sup> of December 2020.

The scientific program of the meeting includes presentations on modern technical and clinical applications of Reconstructive Microsurgery and of Hand and Upper Extremity Surgery.

The following topics:

- Advances in hand surgery
- Innovations in reconstructive microsurgery
- Evolution in lymphatic microsurgery

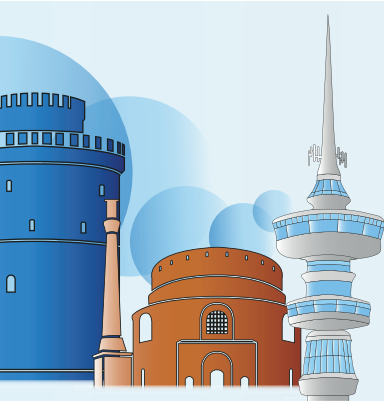
will be extensively discussed by distinguished Greek and foreign speakers ensuring the high standard of our scientific program.

We hope that the Scientific program of this first online meeting, organized jointly by our two Societies, will offer in-depth knowledge and an opportunity to exchange views on selected topics.

Please join us for a unique experience.

**Dimitrios Dionysiou**  
President of HSRM

**Nikolaos Zagoreos**  
President of HSSHUE



**4 & 5 December 2020**

<http://www.microhand.gr/>

## **ORGANISING COMMITTEE**

### **HSRM BOARD 2020**

**President:** Dimitrios Dionysiou

**President 2019:** Socratis Varytimidis

**A' Vice President:** Nikolaos Darlis

**B' Vice President:** Ellada Papadogeorgou

**General Secretary:** Zoe Dailiana

**Secretary:** Aaron Venouziou

**Treasurer:** Kostantinos Benetatos

**Member:** Spyridon Stavrianos

**Member:** Panagiotis Kaldis

### **HSSHUE BOARD 2020**

**President:** Nikolaos Zagoreos

**President 2019:** Konstantinos Ditsios

**A' Vice President:** Fillipos Giannoulis

**B' Vice President:** Charalambos Ntinopoulos

**General Secretary:** Olga Savvidou

**Special Secretary:** Efstratios Athanaselis

**Treasurer:** Panagiotis Kanellos

**Member:** Nikolaos Papadopoulos

**Member:** Eirini Gkamatsi

# 1<sup>st</sup> International Virtual Meeting



HELLENIC SOCIETY  
FOR RECONSTRUCTIVE  
MICROSURGERY



HELLENIC SOCIETY FOR  
SURGERY OF THE HAND  
& UPPER EXTREMITY



## SCIENTIFIC PROGRAM

### FRIDAY 4 DECEMBER 2020

**16.30 - 17.00 Sponsors Time**

**17.00 - 18.30 Evolution in Lymphedema Microsurgery**

**Moderator:** Dimitrios Dionysiou

**Giuseppe Visconti (Italy)**

Ultrasound assisted lymphatic tissue transfer for lymphedema treatment

**Pedro Ciudad (Peru)**

Best location to implant LNT in upper & lower limb lymphedema

**Efterpi Demiri (Greece)**

How to select best functioning lymph nodes and avoid donor site lymphedema

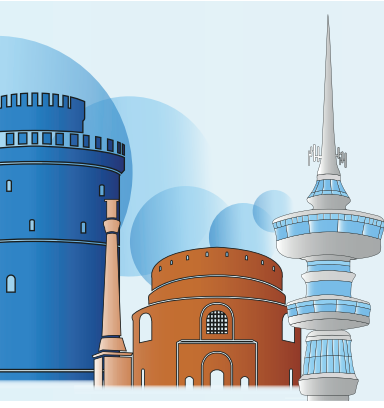
**Gemma Pons (Spain)**

Limitations of lymphatic microsurgery.  
What is the need for the future?

**Dung Nguyen (USA)**

Lymphatic microsurgery and lymphangiogenesis reinforcement with collagen scaffolds implantation

**18.30- 19.00 Sponsors Time**



**4 & 5 December 2020**

<http://www.microhand.gr/>

## **SCIENTIFIC PROGRAM**

### **FRIDAY 4 DECEMBER 2020**

**19.00 - 20.30 Advances in Hand Surgery 1**

**Moderator:** Nikolaos Zagoreos

**Scott Levin (USA)**

The expanding role of upper extremity microsurgery  
reconstructive microsurgery

**Donald Lalonde (Canada)**

How WALANT can improve your results in hand surgery

**Alexander Payatakes (USA)**

Current techniques in surgical management of distal  
radius fractures

**David Ruch (USA)**

Complications in surgical management of distal radius fractures

**Anastasios Papadonikolakis (USA)**

Corrective osteotomy of forearm malunion deformities using  
3D printed cutting guides

**20.30 - 21.00 Sponsors Time**

# 1<sup>st</sup> International Virtual Meeting



HELLENIC SOCIETY  
FOR RECONSTRUCTIVE  
MICROSURGERY



HELLENIC SOCIETY FOR  
SURGERY OF THE HAND  
& UPPER EXTREMITY



## SCIENTIFIC PROGRAM

### SATURDAY 5 DECEMBER 2020

**09.00 - 9.30 Sponsors Time**

**09.30 - 11.00 Innovations in reconstructive microsurgery**

**Moderator:** Nikolaos Papadopoulos

**Kalirroï Tzafetta (UK)**

Updates on nerve repairs and transfers in facial palsy

**Andreas Kehrer (Germany)**

The role of ultrasound in reconstructive microsurgery

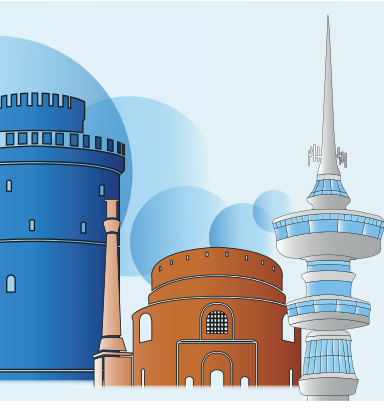
**Ioannis Constantinidis (Cyprus)**

The use of indocyanine green fluoroscopy in reconstructive microsurgery

**Konstantinos Benetatos (Greece)**

3D printing in microsurgery

**11.30 - 12.00 Sponsors Time**



**4 & 5 December 2020**

<http://www.microhand.gr/>

## **SCIENTIFIC PROGRAM**

### **SATURDAY 5 DECEMBER 2020**

**12.00 - 13.30** **Advances in Hand Surgery 2**

**Moderator:** Anastasios Korobilias

**Aurélien Aumar (France)**

Nerve primary repair:

why and how I use the REAXON NERVE guide

**Shai Luria (Israel)**

Smartphone upper extremity pathology

**Joris Duerinckx (Belgium)**

Trapeziometacarpal Total Joint Replacement: why and how?

Experience of 700 cases

**Nick Darlis (Greece)**

Demystifying scapholunate instability

**Giulio Lauri (Italy)**

New trends in the treatment of distal radius fractures

**13.30 - 14.00** **Sponsors Time**

**14.00 - 16.45** **Residents' Review Course (in Greek)**

**17.00 - 17.30** **Sponsors Time**

**17:30** **End of the Meeting**

# 1<sup>st</sup> International Virtual Meeting



HELLENIC SOCIETY  
FOR RECONSTRUCTIVE  
MICROSURGERY



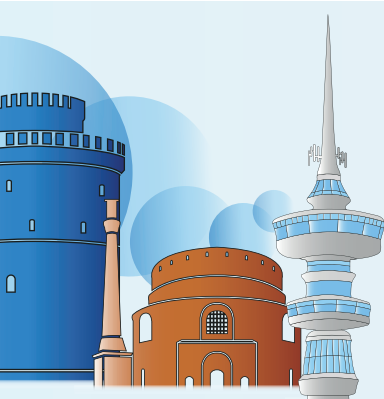
HELLENIC SOCIETY FOR  
SURGERY OF THE HAND  
& UPPER EXTREMITY



## INDEX

Aurélien Aumar	Orthopaedic Surgeon, Hand Surgeon, SOS MAINS, Lille, France
Konstantinos Benetatos	Plastic Surgery Officer, 401 General Military Hospital , Athens, Greece
Pedro Ciudad	M.D., PhD, Head of the Microsurgery Unit Department of Plastic, Reconstructive and Burn Surgery, Arzobispo Loayza National Hospital, Lima, Peru
Ioannis Constantinides	Consultant in Plastic Reconstructive and Aesthetic Surgery, The Breast Center of Cyprus, Nicosia, Cyprus. London Bridge Hospital, UK Visiting Professor, Xiangya Hospital, China
Nick Darlis	Orthopaedic Upper Extremity Surgeon, Department of Upper Extremity Surgery & Reconstructive Microsurgery, Metropolitan Hospital, Athens, Greece
Efterpi Demiri	Professor in Plastic Surgery, Head of the Department of Plastic Surgery, Aristotle University of Thessaloniki, Papageorgiou Hospital, Thessaloniki, Greece
Dimitrios Dionysiou	Associate Professor in Plastic Surgery, Aristotle University of Thessaloniki, Department of Plastic Surgery, Papageorgiou Hospital, Thessaloniki, Greece
Joris Duerinckx	Orthopaedic and hand surgeon in the Department of Orthopaedic Surgery of Ziekenhuis Oost-Limburg, Genk, Belgium
Andreas Kehrer	Plastic Surgeon, Senior consultant at the University Hospital Regensburg, Bavaria, Germany
Anastasios Korobilias	Professor in Orthopedic, Head of the Orthopedic Department, University Hospital of Ioannina, Medical School of Ioannina, Greece





**4 & 5 December 2020**

<http://www.microhand.gr/>

## **INDEX**

- Don Lalonde** Professor, Division of Plastic Surgery, Dalhousie University, Saint John, Canada
- Guilio Lauri** S.O.D.C. di Chirurgia della Mano e Microchirurgia, Florence, Italy
- Scott Levin** Paul B. Magnuson Professor of Bone and Joint Surgery, Chair, Department of Orthopaedic Surgery, Professor of Plastic Surgery, Penn Medicine University, Philadelphia, USA
- Shai Luria** Head of Hand and Microvascular Surgery Unit, Hadassah-Hebrew University Medical Center, Jerusalem, Israel Chairman, Israeli Society for Surgery of the Hand
- Dung Nguyen** Clinical Associate Professor, Director, Breast Reconstruction Director, Adult Plastics and Reconstructive Clinic, Associate Director of Microsurgery Division of Plastic & Reconstructive Surgery Stanford Women's Cancer Center, Stanford University Medical Center, USA
- Anastasios Papadonikolakis** Assistant Professor, Department of Orthopaedic Surgery, Wake Forest Baptist Health, Winston Salem, North Carolina, USA
- Nikolaos Papadopoulos** Professor and Chairman Department of Plastic Surgery & Burns, Alexandroupoli University Hospital, Democritus University of Thrace, Greece
- Alexander Payatakes** Associate Professor, Orthopaedic Surgery Bone and Joint Institute, Hand and Wrist Service Penn State Health Milton S. Hershey Medical Center, Pennsylvania, USA
- Gemma Pons** Head of the Microsurgery Unit Department of Plastic Surgery, Hospital de la Santa Creu i Sant Pau Universitat Autònoma de Barcelona, Spain

# 1<sup>st</sup> International Virtual Meeting



HELLENIC SOCIETY  
FOR RECONSTRUCTIVE  
MICROSURGERY

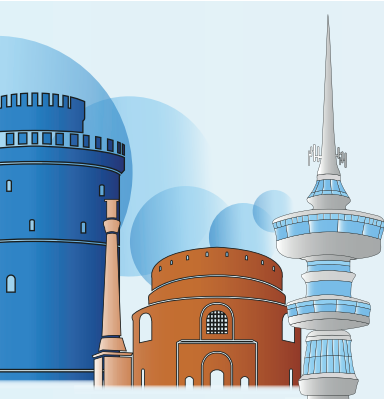


HELLENIC SOCIETY FOR  
SURGERY OF THE HAND  
& UPPER EXTREMITY



## INDEX

David Ruch	Professor of Orthopaedic Surgery, Chief of Hand and Microsurgery, Duke University, Durham, North Carolina, USA
Kallirroï Tzafetta	Consultant Plastic Surgeon St Andrews Centre of Plastic Surgery and Burns Broomfield Hospital, Chelmsford Essex, United Kingdom
Giuseppe Visconti	Plastic Surgeon, Unit of Plastic Surgery, Department of Women, Child and Public Health, Fondazione Policlinico Gemelli IRCCS, Roma, Italy
Nikolaos Zagoreos	Orthopaedic Upper Extremity Surgeon, Department of Upper Extremity Surgery & Reconstructive Microsurgery, Metropolitan Hospital, Athens, Greece



**4 & 5 December 2020**

<http://www.microhand.gr/>

## **SPONSORS**

### **GOLD SPONSORS**

**CLINILAB - BEKIRAS S.A.**

**DMPS LTD**

**FIBRALIGN Therapeutic Results**

### **SILVER SPONSORS**

**DIOMED MEDICAL PRODUCTS**

**PGC MEDICAL PRODUCTS**

### **BRONZE SPONSORS**

**ANASTASIOS MAVROGENIS S.A.**

**L & B MEDICAL**

**RAMMADENTAL S.A.**

### **SPONSORS**

**CROCOS MEDICAL**

**MED EV**

**NEUROMED**

**OSTEOCELL- REKOUTIS S.A.**

**Rontis Hellas AEBE**

# 1<sup>st</sup> International Virtual Meeting



HELLENIC SOCIETY  
FOR RECONSTRUCTIVE  
MICROSURGERY



HELLENIC SOCIETY FOR  
SURGERY OF THE HAND  
& UPPER EXTREMITY



## GENERAL INFORMATION

### Date of virtual meeting

4 & 5 December 2020

### Virtual Meeting Website

[www.microhand.gr](http://www.microhand.gr)

### Organisers

Hellenic Society for Reconstructive Microsurgery (HSRM)

Hellenic Society for Surgery of the Hand & Upper Extremity (HSSHUE)

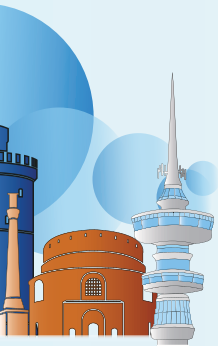
### Secretariat

M.K. PREMIUM CONGRESS & SOCIAL EVENTS SOLUTIONS LTD

Τηλ.: +357 99812240, +30 2310226250 Fb: Mk-Premium

Email: [info@mk-premium.com](mailto:info@mk-premium.com)

[www.mk-premium.com](http://www.mk-premium.com)



# 1<sup>st</sup> International Virtual Meeting



HELLENIC SOCIETY  
FOR RECONSTRUCTIVE  
MICROSURGERY



HELLENIC SOCIETY FOR  
SURGERY OF THE HAND  
& UPPER EXTREMITY

